

Breast Cancer Awareness Oct. 1- Oct.31



October is Breast Cancer Awareness Month also referred to in America as National Breast Cancer Awareness Month. Other than skin cancer, breast cancer is the most common cancer among American women. Mammograms are the best way to find breast cancer early, when it is easier to treat and before it is big enough to feel or cause symptoms.

In recognition of Breast Cancer Awareness Month, please wear something **pink** each Sunday **in October**.

Nurse Anne McCray will share Breast Cancer Awareness tips weekly.

Breast Cancer Awareness Walk

Join us for our **Breast Cancer Awareness Walk** on **Friday, October 17, 2025** at **Patrick Henry Mall**.

We will meet in front of the **fireplace in the food court** at **6:00 P.M.**

The evening's program will include:

- **Greetings**
- **Mammogram tips** from Pastor Boston and Trustee Nurse Loretta Brown
- **Distribution of walking map instructions and a pedometer** by Dr. Beatrice Toombs

We will begin our walk immediately following the program.



October was first declared as National Domestic Violence Awareness Month in 1989. Since then, October has been a time to acknowledge domestic violence survivors and be a voice for its victims.

On the third **Thursday of October**, it's **#PurpleThursday!** This day recognizes and honors **survivors**. **Wear purple**, display purple lights, and most importantly, **tell someone the meaning behind the color!**

Point of Contact: Dr. Beatrice Toombs.

